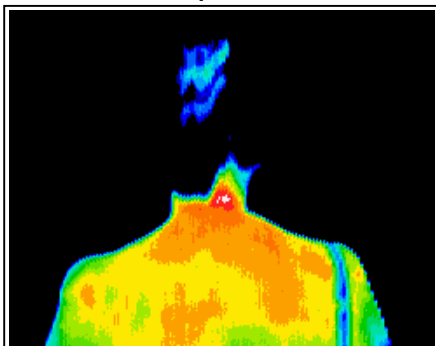
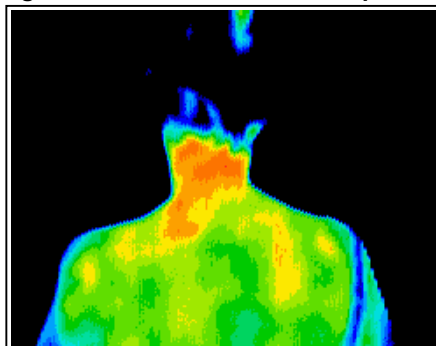


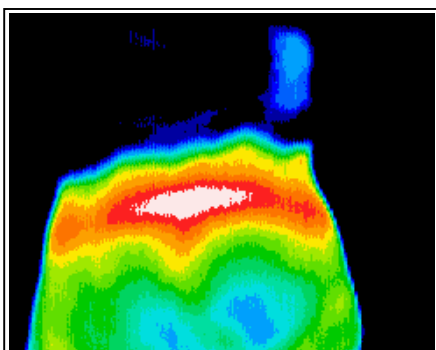
Images taken BEFORE and 3 minutes AFTER application showing how quickly essential oils penetrate and start working to reduce inflammation and pain.



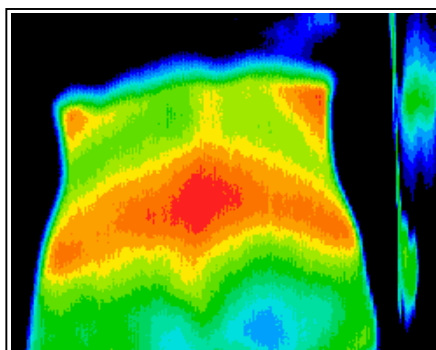
Back View Neck & Shoulder Pain before applying BE Relieved



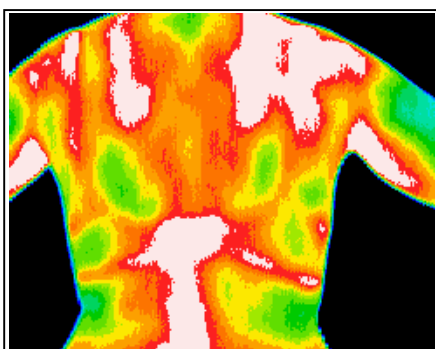
Back View Neck & Shoulder Pain after applying BE Relieved



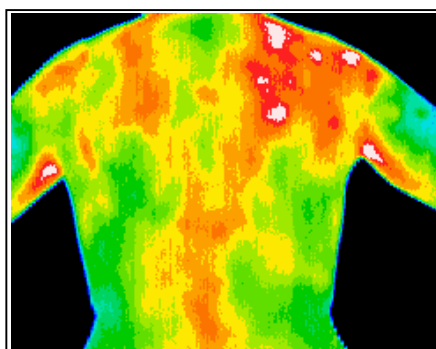
Abdominal Pain BEFORE applying BE Relieved



Abdominal Pain AFTER applying BE Relieved



Back and Shoulder Pain BEFORE applying BE Sport



Back and Shoulder Pain AFTER applying BE Sport

Images taken with Digital Infrared Thermal Imaging (ARTG #108122).

Pauline Rose, Thermographer. Complementary & Ecological Medicine, Crows Nest. Sydney. This technology is used for detecting and monitoring a number of diseases and physical injuries, by showing the thermal abnormalities present in the body. It is used as an aid for diagnosis and prognosis, as well as monitoring therapy progress for a number of conditions and injuries.

FEATURES AND BENEFITS

- **Easy to use** – They are topical applications that are applied to the area where pain is located and help treat the problem thereby speeding up the body's natural healing ability.
- **Treats pain from a holistic viewpoint. Essential oils work on the emotions and are also effective for anxiety, shock and grief.**
- **Aromatherapy is highly effective in pain management** because its ingredients are analgesic, anti-inflammatory and have prostaglandin inhibition properties that provide physiological pain relief.
- **Existing analgesics, recommended and sold OTC, only work on the sensation of pain and not the cause of the pain itself.** BE Relieved and BE Sport help treat the problem thereby speeding up the body's natural healing.
- **Safe to use if properly administered because these products are blended correctly.** There are no known side-effects if taken with other medication and they do not build up a tolerance in the body, therefore over time you use them less rather than more frequently.
- **BE Relieved and BE Sport are probably the most versatile and fast-acting pain relief products on the market today.** They are listed with the TGA (Therapeutic Goods Administration) as medicines for a variety of conditions:
- BE Relieved: arthritis osteoarthritis, rheumatoid arthritis, rheumatism, joint inflammation, joint swelling, muscular aches and pains, muscular cramps and spasms, maintenance of peripheral circulation, gout, headaches, menstrual pain, breast tenderness, dysmenorrhoea, sprains, soft tissue trauma, low back pain, fibromyalgia, nervous tension, stress and mild anxiety, stress, sciatica and whiplash, lower back pain, nerve pain/mild neuralgia, shingles, rash, dry skin, minor burns (including sunburn), minor wounds (cuts, scratches, abrasions), wounds, scratches, eczema, dermatitis, cuts and abrasions, sleeplessness, insomnia, sore throat, tonsillitis, enlarged and varicose veins, improvement in well-being.
- BE Sport: arthritis osteoarthritis, rheumatoid arthritis, rheumatism, joint inflammation, joint swelling, muscular aches and pains, muscular cramps and spasms, maintenance of peripheral circulation and blood flow, gout, headaches, migraine, menstrual pain, breast tenderness, dysmenorrhoea, sprains, soft tissue trauma, low back pain, fibromyalgia, stress and mild anxiety, stress, sciatica and whiplash, nerve pain/mild neuralgia, sciatica, shingles, dry skin, minor burns (including sunburn), minor wounds (cuts, scratches, abrasions), wounds, scratches, cuts and abrasions, enlarged and varicose veins, improvement in well-being.

Application: Topical. Apply a small amount to the painful area i.e. knees, feet, back etc. Headache: apply to the temples, back of neck and under the ears; Sinus: apply on and around the nose; Earache: insert a couple of drops into the ear. Can also be used in the bath: 1-2 capfuls and enjoy a long soak.

Customer Comments

"I was diagnosed with R.A. about 3 years ago. I was able to self-treat with natural remedies until I sustained a fairly serious neck injury. The pain and stress exacerbated the arthritis, which then put me on the merry-go-round of horrendous drug therapy. These drugs did little more than provoke nasty side effects and worry me senseless about what other damage they may be causing.

I'm so impressed with this product! I can't recommend it highly enough. After a few applications, the swelling between the joints in my fingers was markedly reduced and the stiffness in my wrists was gone. Even my neck and arm pain, which has been a constant companion, has been greatly relieved. One of the most interesting aspects of this wonderful product would have to be the effect it has on the senses. I am noticeably more calm, which could partly be due to the pain reduction, but I honestly believe that after much trial and error I have finally found what really works for me.

Thank you so much for the relief of what can only be described as an insidious form of pain that only another arthritis sufferer can truly understand. To other sufferers who may be jaded from trying everything that comes on the market, only to be disappointed by false promises – Do yourself a favour and get a rush of optimism. There is light at the end of the tunnel". Best regards, Moira McEwan.

"It's joy to be a Mother, Grandmother and Great-grandmother at the age of 80 years, and still be able to do everything for oneself, with the help of Balanced Essentials. Some years ago I had both hips replaced but have still had pain, after using **BE Relieved** the pain disappeared and I get around more freely now, with daily massage of BE. I've recently developed a frozen shoulder, which meant I shouldn't use my right arm, also it was very painful. I had a cortisone injection which eased the pain slightly but didn't fix the problem. I put my trusty **BE Relieved** to work and was able to move my arm freely and no more pain, sleep comes easier these days. "Balanced Essentials are a must in every home. Try them and see they're on their own." Emily Moore

"I found that by massaging **BE Sport** prior to my workout the quality of my workouts improved and my running times were steadily increasing. The severe pain I was feeling on the backs of my legs had all but gone and I felt that my gym time in general was more productive. The scent is very uplifting and since I was feeling all the benefits and no pain my motivation also increased." I feel that the **BE Sport/BE Relieved** combo is far superior to other lotions and potions for aches and pains. Prior to using **BE** I was using generic brands that either offended everyone by the strong smell or burned my skin and did little else. To illustrate my point a few months ago I hurt my hip running. I used a very well known arthritis cream on it to see if the traditional remedies worked better than the aromatherapy alternative. The cream was completely ineffective and I quickly reverted back to my **BE Relieved**. Marie Moll

Balanced **BE** Essentials

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Balanced **BE** Essentials

NATURAL PAIN RELIEF

As Seen On
A Current Affair



BE RELIEVED - A CALMING BLEND FOR PAIN & INFLAMMATION (Aust L 69574)

BE RELIEVED is ideal to use for pain and inflammation and is especially useful at night when you need a good night's sleep to help with recovery. BE RELIEVED contains a blend of 'Grade 1' therapeutic quality pure essential oils of Bergamot, Cedarwood, Geranium, Lavender, Lemon, Lemongrass, Marjoram, Neroli, Orange (Sweet), Petitgrain, and Vetiver in a carrier base of Sweet Almond, Wheatgerm & Macadamia oils that penetrate the skin and enter the blood stream where their therapeutic qualities affect both the physical and the emotional body thus helping the body self-heal much faster than traditional topical applications. The Rose Quartz crystal bead included in BE RELIEVED assists with calmness and instils a feeling of love and harmony, amplifying the natural energy of the essential oils.



BE SPORT - A STIMULATING BLEND FOR PAIN & INFLAMMATION (Aust L 69575)

BE SPORT is ideal to use before or after physical exercise as it assists in preventing muscle cramps and spasms and reduces swelling, while also providing temporary relief of muscular aches and pains. It contains essential oils that are stimulating and increase blood circulation yet relax tight muscles. BE SPORT contains a blend of 'Grade 1' therapeutic quality pure essential oils of Arnica, Basil, Bergamot, Geranium, Lavender, Lemon, Lemongrass, Orange (sweet), Pine Needle, Rosemary, and Sandalwood in a carrier base of Sweet Almond, Wheatgerm & Macadamia oils. The Clear Quartz crystal bead included in BE SPORT helps increase talents and abilities whilst assisting with calmness and clarity, balancing the emotions and amplifying the natural energy of the essential oils.

